

September/ October Events and Programs

Announcements:

Arthritis Exercise Class Is Back

Time: 11:00-11:45 Tuesday Mornings

Cost: \$3 members \$ 5 guests

Class components: stretching, movement, balance, and strength training to help keep the pain at bay. Live and move pain free. Wondering if this is for you: ask instructor, Claire O'Connell at the center 474-3100, gfoconnell@fuse.net.

Wednesday, September 2

September Birthday Party

Music: 10:30, Lunch: 11:30

Entertainment by: Mike Cormican, easy-going guitar and vocals.

Cost: Members with September Birthdays enjoy complimentary lunch. All others, \$3 suggested donation.

Free cake and ice-cream for all.

Reservations accepted thru: 8/26

Friday, September 4

Trip to Cincinnati Museum Center

Dinosaur Alive! Omnimax Movie Dinosaurs Unearthed exhibit. Experience, and learn about these prehistoric creatures. Brown Bag your lunch or visit the food court in the rotunda after the exhibit.

Departure Time: 9:15

Return time: 1:00

Cost: \$14 members, \$17 guests

Reservations by: 8/27

Saturday, September 5

Community Day at the Races

(See front page article)

Wednesday, September 9

Trip to Ride The Ducks, and lunch at York Street Café

Enjoy lunch at York Street Café then experience sightseeing from a duck's eye view. Travel on land and water on the amphibious vehicle crafted from the WW11 DUKW,

Departure time: 10:30

Approximate return: 2:30

Cost: \$20members, \$25 guests

Reservations: 9/2

Thursday, September 10

Ragtime Band Show (rescheduled from June)

Celebrating Americana! Music, fun and laughs,

Beautiful red, white and blue basket raffle

Lunch: 11:30

Show time: 12:30

Cost: \$6 members, \$8 guests

Reservations by: 9/3

Sunday, September 13

Cincinnati Symphony Pop's Concert at Musical Hall.

Famous Musical Scores from Movies

Departure time: 1:45 Concert: 3-5

Approximate return: 5:30

Cost: \$35 members, \$40 guests

Reservations by: 9/5

Wednesday, September 16

Cincinnati Zoo Trip

Day begins with a CREW lecture learn about endangered species. Experience what's new at the zoo, ride the tram and train all day. Brown bag lunch or visit one of the many restaurants at the zoo.

Departure time: 9:15

Return to ASC: 2:30

Cost:\$16 members,\$20 guests

Wednesday Evenings September 16, 23, 30

Dream Analysis Class

Time: 6-8 pm

"A Dream That Is Not Understood Is Like A Letter Unopened" Dreams are our inner guide for life situations that we all experience. Learn the art of understanding dreams through techniques inspired by Freud, Jung, and contemporary analysts. Teacher: Bonnie Collins, "Dream Catcher"

Cost: \$45 members, \$50 Guests

Reservations by: 9/9

Thursday, September 17

Town Crier of Clermont County.

Bill Knapp will bring his history to us to hear how the news was in days gone by.

Time: 10:30

Cost: none

Join us for lunch at suggested donation price of \$3.

Wednesday, September 23

Basilica of Assumption Tour and lunch at Chez Nora.

Experience the beauty of Covington's Cathedral.

Enjoy lunch at Chez Nora's in Mainstrasse Village

Browse the shops in this historical district.

Departure time: 10:00

Approximate return: 2:30

Cost: \$10members, \$15 guests

Reservations by: 9/16

Thursday, September 24

Findley Market Trip

Findley Market is Ohio's oldest outdoor market.

Departure time: 11:15

Approximate return: 2:30

Cost: \$7 members, \$12 guests

Reservations by: 9/18

Wednesday, September 30

Mystery Lunch

Departure: 11:00

Approximate return: 1:30

Cost: \$7 members, \$12 guests

October 2009 Events

Lunch out tips: bring cash to help speed up separate check process. I recommend. \$20 (1-\$10, 1-\$5, 5-\$1, bills)

Friday, October 2

Spring Grove Cemetery Tram Tour and lunch At Camp Washington Chili

Experience the history and slender of Spring Grove in comfort on a tram tour. Docent will ride along on tram to give a guided tour. Camp Washington Chili has more than chili. You won't be disappointed with this choice.

Departure Time: 9:30

Approximate Return: 1:30

Cost: \$10 members, \$15 guests (Bring \$ for Lunch)

Reservations by: 9/25

Sunday, October 4

Broadway Series Color Purple at Arnoff Center

Show Time: 6:30 pm

Departure time: 4:45

Approximate return: 9:30

Cost: \$50 members, \$55 guests

Reservations by: 9/15

Wednesday, October 7

October Birthday Party

Music: 10:30, Lunch: 11:30

Entertainment by: Fresh Spirit, a family trio whose variety of music will be sure to entertain you.

Cost: Members celebrating October Birthday receive a complimentary lunch. Guests suggested donation of \$3 for lunch. Free Cake and Ice Cream for all

Reservations by: 9/30

Thursday, October 8

Shopping trip to Cincinnati Premium Outlets

Cincinnati's newest outlet center located in Monroe features over 75 stores! Wear your Walking shoes and shop till you drop lots of choices for snacking and lunch.

Departure: 9:00am

Approximate return: 3:00

Cost: \$15 members, \$20 guests,

Reservations by: 10/1

Sunday, October 11

Cincinnati Pops MOTOWN Performance

Music Hall Special relives the FOUR TOPS, all the old favorites.

Show Time: 7:00-9:00 pm

Depart Center: 5:45

Approximate Return: 9:30

Cost: \$35 members, \$40 Guests

Reservations by: 9/30

Monday, October 12

Educational Program: "Awakening the Healer Within"

Dr. Jack Hendricks Chiropractor will present.

Time: 12:00

Cost: none (come for Lunch before the program)

Reservations requested.

Wednesday, October 14

Verdin Bell Company Tour and Lunch at Washington Platform

Since 1842, Verdin has been crafting bells for the world. WOW! Learn all about this historic Cincinnati Company and enjoy a delicious lunch at historic Washington Platform.

Departure time: 9:30

Approximate return: 1:30

Cost: \$10 members, \$15 guests (Bring \$ for lunch)

Reservations by: 10/7

Thursday, October 15

Health Program: Demystifying Acupuncture

Dr. Peter Sheng will enlighten us on this holistic type of treatment. Visit his website to learn more at

www.petersheng.com

Time: 10:30 join us for lunch after the program

Cost: none

Friday, October 23

Cincinnati Ballet :Swan Lake at Arnoff and lunch out.

Enjoy this classic ballet, and lunch out afterwards.

Ballet time: 10:30-12:30

Departure time: 9:00

Approximate return: 2:30

Cost: \$20 members, \$25 guests (bring \$ for lunch)

Wednesday, October 28

Fabulous Furs Tour and lunch in MainStrausse Village

Tour and history of this famous local company, shop and receive 20% discount on purchases. Next off to Mainstrausse were you can pick your lunch spot and browse the shops.

Departure time: 10:00

Approximate return: 3:00

Cost: \$7 members, \$12 guests (Bring \$ lunch)

Reservations by: 10/21

Friday, October 30

Halloween Costume Party

Dress up, and enjoy, a magician, lunch and ghost stories.

Magic act by: Harry the Magician.

Clermont County Historian and author of 2 books on haunting in Clermont County Rick Crawford will come to ASC as parts of this do not miss PARTY.

Time: 10:30-1:30

Cost: \$7 members, \$10 guests

Reservations by: 10/23

WEEKLY ACTIVITY CALENDAR

The following activities happen weekly at the Anderson Senior Center. Come join in the fun. If you have any questions about any of the scheduled activities, please call the center at 474-3100.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 Aerobics 10:30 Pilates 11:30 Beginner Pattern Dance 12:00 Bridge 1:00 Steppers 2:30 Genealogy 2nd Monday	10:00 Chair Volleyball 10:00 Tap Dancing 11:00 Arthritis Exer. 12:00 Play Pool 12:30 Wii Games 1:00 Quilting	9:30 Walking Club 10:00 Line Dancing 10:00 Poker 10:00 Mixed Cards 10:00 Woodcarvers 12:00 Play Pool 12:45 Advanced Pattern Dance 2:30 Tai Chi	9:00 Wellness Clinic 1 st & 3 rd Thursdays 9:30 Aerobics 10:00 Watercolors 10:30 Piano Music in Dining Room 11:45 Computer Club Mtg 2nd Thursday 12:00 Play Pool 1:00 Ragtime Band 1:00 Book Club 3rd Thursday	9:30 Aerobics 10:30 Pilates 10:30 Sing-a-long Dining Rm 3 rd Friday 10:45 Bible Study 12:30 Bingo

Join the walking club on the following days in the designated parks: 9:30 a.m. Wednesdays

- Sept. 2 Veterans Park, Clermont County
- Sept. 9 Clepper Park, Clermont County
- Sept. 16 Veterans Park, Anderson Township
- Sept. 23 Beech Acres Park
- Sept. 30 Juilfs Park
- Oct. 7 Woodland Mound Park
- Oct. 14 Withrow Nature Preserve
- Oct. 21 Veterans Park, Clermont County
- Oct. 28 Clepper Park, Clermont County

Genealogy Meetings

- September 14, 2009 2:30 Genealogy Kick Off - an Insider's Look at Genealogy presented by Phyllis Raker. (Held at the Senior Center)

Computer Club Meetings

September 10 Bill Brewster on E Books or Digital Picture Frames and/or R Giesel on using Thumb Drives And Backing Up
 October 8 Art Hagedorn on Converting old Records to the PC

Book Club 1:00 p.m.

- September 17 "Bel Canto" by Ann Patchett
- October 15 "Tuck Everlasting" by Natalie Babbitt

Book Sale September 22 & 23
10 am to 1 pm

Save up your quarters and plan to attend our second Book Sale. Books, puzzles, tapes and greeting cards will be on sale for 25 cents each.

There is a good selection of both hardbacks and paperbacks. Something for everyone!