

Anderson Senior Center March/April Newsletter

Thursday, April 9

Derby Dinner Theatre

It will be a "Hunk-a-Hunk-a Burnin' Love" good time as we travel to the Derby Dinner Theatre near Louisville on April 9 to see "All Shook Up". This hot new Broadway musical will have you jumpin' out of your blue suede shoes and will kick start your memories of over 24 Elvis Presley tunes. **Tickets are going fast so sign up soon!**

Sunday, April 26

Red's vs. Atlanta Braves

This is a RED's game in deluxe style. Our day will start with an all you can eat ballpark buffet in the shaded and cooled LG picnic tent. The tent is located close to restrooms as well as our great field level seats! You can watch the game in your seats or in the tent included in the special price. See the Programs/Events section of your newsletter for more details on this great offer. **Get your ticket fast. This is always a sell-out event!**

Additions/Changes to weekly activities

Genealogy meets the 2nd Monday of each month at 2:30 p.m.

- March 9 Amy Schneider, researcher, genealogist and member of the Hamilton & Clermont County Genealogy Groups Presents "Genealogy Jeopardy Game".
- April 13 A genealogy adventure in Europe by Deb Cyprych

Book Club meets the 3rd Thursday of each month at 1:00. Call Mary Sue Kamphaus at 231-0985 with questions.

- March 19 "White Chocolate Moments" by Lori Wick
- April 16 "The Enchanted April" by Elizabeth Von Arnim

Computer Club meets the 2nd Thursday of each month at 11:45

- March 19 Power Point Demonstration
- April 9 Topic to be determined

Walking Club resumes April 1st, 9:00 a.m. every Thursday at the following parks:

- | | | | |
|----------|---------------------------------|----------|-------------------------------|
| April 1 | Woodland Mound Park | April 22 | Clepper Park on Summerside Rd |
| April 8 | Withrow Nature Preserve | April 29 | Veteran's Park, Anderson Twp. |
| April 15 | Veteran's Park, Clermont County | | |

Progressive Bridge –starting March 19 will be open to anyone who wishes to play. 12:30-3:30

Chair Volleyball cancelled March 17

**Arthritis Exercise cancelled March 17

**The pool table will not be available on 3/19

Don't Leave all the Decisions to your Loved Ones

Deciding what is best for a loved one who is ill is not any easy decision. The Senior Independence Hospice Team is often asked, What is the difference between advance directives and advance care planning? Families are faced with many hard decisions. Jeannie Holzbacher, Director of Senior Independence Hospice Admissions will help us make these decisions for our families. She will explain the Advance Directives and Advance Planning forms so that our families do not have to make the decisions. Join us for this informative session.

Six 2 hour classes taught by certified instructor. Want to learn how no better time than now! Class will be 1 hour of instruction followed by hour of play hands focusing on lesson taught in class that day. Handouts of lessons will also compliment day's lessons and are included. Partners are not required to take class.

Cost:\$55 Members \$60 guests

Registration is limited sign up at front desk today. When signing up indicate experience with the game.

Thursday, March 12.

Documentary DVD Series

Time: noon-1:15

Kitty Hawk the Wright Brothers Journey of Invention.

Cost: none

Friday, March 13

Trip to Krohn Conservatory and Lunch at Sky Galley

First Stop Sky Galley Restaurant at Lunken Airport the off to see the beautiful flowers. Visit An Enchanted Oasis The Early Spring Floral Show At Krohn Conservatory.

Depart ASC: 10:45 Approx. return: 2:30

Cost: \$7 members, \$10 guests, (bring \$ for lunch) Reservation Deadline: 3/6

Monday March 16

Cincinnati Museum Center Trip for Brown Bag Lunch Series.

Topic: Women of Cincinnati

Cincinnati Heritage Program present this noontime free historical lectures. Bring your own lunch or buy it before hand from Cafe' or Pizza Hut in rotunda.

Depart ASC: 11:15

Approximate return: 1:30

Cost: \$5 suggested transportation donation.

Reservations by: 3/9.

Tuesday, March 17.

St. Patrick's Day Celebration

Festivities begin with Hammered Dulcimer Music by Kyle Meadows and Tisa McGraw on the Celtic Harp. Next enjoy a traditional Irish Meal. Entertainment by the talented girls from Erickson School of Irish Dance. What a great way to spend St. Patrick's Day! Sure as urn born.

Program: 10:30-1:00pm

Cost: \$8 members, \$10 Guests

Reservations by: 3/10

Wednesday, March 18

R.O.M.E.O (Retired Old Men Eating Out)

So much fun we're doing it again. Join the guys from ASC for a fun lunch out.

Quaker Steak and Lube Restaurant in Milford is this month's destination.

Depart ASC: 11:00

Approximate Return: 1:30

Cost: \$5 members \$7 guests (bring \$ for Lunch) Reservations by: 3/11

Thursday, March 19.

Feature Movie DVD Comedy: Grumpy Old Men

Laughter guaranteed popcorn too.

Time: noon - 1:30

Cost: none

Monday, March 23

Spring Planting Program

A must for all flower lovers and gardeners. Listen to Jay Jungclas, Master Florist and gardener from as he tells us what to plant this spring. He has planted for many people in Cincinnati and several of the hospitals. Don't want to miss this one!

Time: 10:30 Cost: none

Reservations: requested by 3/16

Wednesday, March 25

Mystery Lunch

Departure: 10:30

Approximate return time: 1:30

Cost:\$5 members, \$7 guests

Reservations by: 3/18

Friday, March 27.

Spring Celebration- Laughter Lab Luncheon

Experience a real belly laugh and roaring laughter with Betty Finney. Laughter: releases endorphins, releases stress, and stimulates your heart and lungs. Practice your hee's and ha's it will be hilarious. A real experience!

Time: 10:30-12:00

Cost: \$6 members, \$9 guests.

Price includes: laughter lab workshop, and lunch. Reservations by: 3/20

Saturday, March 28.

Trip to Arnoff Center for Cincinnati Ballet Company Sinatra Suite

Classy meets classic, in the humorous, tipsy Sinatra Suite. The performance is filled with early Frank Sinatra tunes mystery and intrigue. Dynamic dancing, choreography and lighting effects are brought to the stage. Special matinee performance.

Depart Center: 1:00 Matinee time: 2:00

Approximate return: 4:30

Cost: \$40 members, \$45 guests

Price includes tickets and suggested transportation donation.

Limited Tickets available.

Reservations by: 3/18

Monday March 30

Cincinnati Art Museum Trip

Visit one of Cincinnati's Crown Jewels

Departure from: ASC 12:15

Approximate Return time: 3:00

Cost:\$7 members, \$10 Guests

Reservations by: March 23

Monday, March 30

Musical Artist Scott Dawson Show

Singer/songwriter will bring his delightful sound to ASC. Scott features cover songs from 50's, 60's, 70's as well as original works. Get an autographed copy of his CD "Dedicated Man" for the special price of \$8.

Time: 10:30 Cost: none

Reservations accepted for lunch at suggested donation price of \$3.

Wednesday April 1

April Birthday Party and Lunch No Fooling!

Entertainment by: Jody Anderson, Jody has an amazing variety of songs, and music style. They also dance and so can you!

Music begins: 10:30

Lunch: 11:30

Cost: Members celebrating April birthdays receive free lunch. All others \$3 suggested donation for lunch. Cake and Ice Cream free for all!

Reservations by: 3/35/09

Friday, April 3

Cincinnati Nature Center

Afternoon Trip Spring nature walk, Discover the beauty of the Nature Center. The blooming flowers, daffodils, ornamental magnolias and so much more is in store. Stroll or hike or sit in wonder. Member Mike Brate will guide us through the blooms and blossoms.

Depart: 12:30 Return to ASC: 3:00

Cost: \$8 members, \$10 guests.

Reservations by: 3/27.

APRIL 6-CENTER CLOSED

Tuesday, April 7 More Baseball!

Baseball and the Presidency Presentation.

This 1 hour informative, interesting program will appeal to anyone who has interest in our two national pastimes baseball and the presidency. Baseball historian Mel Mamer has presented the program at Baseball Hall of Fame in Cooperstown. Don't miss this great opportunity to learn about presidents and baseball.

Time: 10:00 Cost: none

Reservations requested: 4/1

Wednesday, April 8

Educational Program:

Young Again: 12 Steps to Being Healthier & More Energetic.

Clearly Chiropractic will share ideas on how to experience a healthier life and how to live with more energy.

Time: 12:15 Cost: none

Reservations requested: 4/2

Day Trip

Thursday April 9

Derby Dinner Theater Trip

Let's go to Clarksville Indiana for "All Shook Up". This hip-swiveling, lip curling, hot new Broadway musical will have you jumping out of your blue suede shoes and kick start your memories with over 24 Elvis tunes. The best rock n roll shoe since "grease". Travel provided by Croswell Motor Coach.

Departure: 9am approx. return: 5:00

Cost: \$55 Price includes motor coach, lunch buffet and show.

April

Arthritis Class cancelled 4/14

Wednesday April 15

Town Crier

See and hear news the old fashioned way.

Clermont County Town Crier Bill Knapp

Will share history and stories of the art of the town crier.

Time:10:30

Cost: none, stay for lunch at suggested donation price.

Monday April 20

Trip to Cincinnati Museum Center Brown Bag Lecture Series Topic: A Day in the Park. Bring your own lunch or purchase at rotunda.

Departure time: 11:15

Approximate return time: 1:30

Cost:\$5 members,\$7 guests

reservation deadline: 4/15

Wednesday April 22

Spring, Dance, and Swing luncheon Celebration

Entertainment provided by Linda Vallarie. Her singing and dancing will have you joining in too! Celebrate spring with swing.

Show time: 10:30 Lunch: 11:30

Cost: \$6 members, \$8 guests.

Reservations by:4/15.

Sunday, April 26

Red's Game Trip to Great American Ball Park

Red's vs. Atlanta Braves. The Package includes: transportation, all you can eat Ball park buffet, beverages, 2 beer tickets, picnic tent, great seats for the Game.

Depart ASC: 11:30 Game Time: 1:10

Cost:\$ 55 members, \$60 guests.

Wednesday, April 29

Cincinnati Ballet Company "Behind the Scenes Tour" and Luncheon.

Travel to the home of the company on Central Parkway. Experience the inner workings of the ballet. As a special treat meet Music Director, Carmen Deleone. He will provide a history of the Cincinnati Ballet Company, see costumes, dancers, watch rehearsal for upcoming 45th Anniversary performance. Enjoy catered lunch and marvel at the talent we have in our city.

Departure time: 10:00 Approx. return: 2:00

Cost: \$25 members, \$30 guests

Thursday, April 30

Annual Volunteer Banquet.

Anderson Senior Center salutes its registered volunteers with a Volunteer Luncheon at the Anderson Township building.

Time: 11:30

RSVP a must by April 24 (Let the front desk know if you will need transportation to the luncheon).

Volunteer Talk by Ginny Hunter

Charlie Rottinghaus has been a helpful volunteer at the senior center in many ways, really for any job that needs doing, since he retired in 2000 as a printer for more than 40 years.

Why does he do these things? "It's a chance to help some people who need help and helps me too, because I get out and meet people. It's a lot better than staying home and not seeing anybody." he said. Charlie has filled in doing custodial jobs, including cleaning the restrooms and sweeping, when the center was between custodians. He helps out in various roles at senior center parties. He formerly drove a senior center van and picked up people who cannot drive anymore to take them to Kroger for weekly shopping and drove them home again. In those days, he also drove these seniors once a month to Eastgate Mall for shopping. He and his wife Ginny, long-time receptionist and now part-time cook for the center, live in Cherry Grove. It was really Ginny, he said, who got him into volunteering. "Ginny would say I need this, I need that...so I started doing it!"

The couple are active together in St. Vincent DePaul charity work, going to the homes of people who can't make their rent payment and fear eviction or are hungry for lack of food or those who are about to have their utilities turned off. Summing it up, Charlie said, "I just enjoy my home and my wife and we enjoy working together."

Charlie Rottinghaus
Hands that serve.....A Heart that cares

Thank you to the following for their generous donations

Joyce Anderson
Esther Cook
Ed Geldreich
Eileen Krestinich
Patricia Ley
Mary Ris

Fred Burck
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