

## November 2008 Calendar of Daily Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
					1/2
3 9:30 Aerobics/Conditioning 10:30 Pilates 12:00 Bridge 12:00 Beginner Pattern Dance 1:00 Steppers  <b>Pre Election Day Program</b>	4 <b>ELECTION DAY</b>  <b>CENTER CLOSED</b>	5 9:30 Walking Club 10:00 Line Dancing 10:00 Poker 10:00 Mixed Cards 10:00 Woodcarvers 12:45 Advanced Pattern Dancing 2:30 Tai Chi <b>4:00 Scrapbooking</b>  <b>Monthly Birthday Party</b>  Evening Programs 6-8 Computer Class 7-9 Line Dancing	6 9:00 Wellness Clinic 9:30 Aerobics/Cond. 10:00 Watercolors 10:30 Chair Aerobics 1:00 Ragtime Band  <b>Al Harris at the Piano</b>	7 9:30 Aerobics/Cond. 10:30 Pilates 10:45 Bible Study <b>12:30 Bingo-CANCELLED</b> 1:00 Corn Hole Toss  <b>Woodland Mound Nature Show</b>	8/9
10 9:30 Aerobics/Conditioning 10:30 Pilates 12:00 Bridge 12:00 Beginner Pattern Dance 1:00 Steppers  <b>2:00 Geneology</b>	11 9:00 Crafts 9:30 Aerobics/Cond. 10:30 Chair Aerobics 10:00 Volleyball 11:30 Eastside Tappers 1:00 Quilting  <b>Veteran's Day Program</b>	12 9:30 Walking Club 10:00 Line Dancing 10:00 Poker 10:00 Mixed Cards 10:00 Woodcarvers 12:45 Advanced Pattern Dancing 2:30 Tai Chi 4:00 Scrapbooking  <b>Evening Programs</b> <b>6-8 Computer Class</b> <b>7-9 Line Dancing</b>	13 9:00 Wellness Clinic 9:30 Aerobics/Cond. 10:00 Watercolors 10:30 Chair Aerobics 1:00 Ragtime Band  <b>11:45 Computer Club</b>	14 9:30 Aerobics/Cond. 10:30 Pilates 10:45 Bible Study <b>12:30 Bingo-CANCELLED</b> 1:00 Corn Hole Toss  <b>Shopping Trip</b>	15/16
17 9:30 Aerobics/Conditioning 10:30 Pilates 12:00 Bridge 12:00 Beginner Pattern Dance 1:00 Steppers  <b>Vial of Life Program</b>	18 9:00 Crafts 9:30 Aerobics/Cond. 10:30 Chair Aerobics 10:00 Volleyball 11:30 Eastside Tappers 1:00 Quilting  <b>Let's Go to the Movies</b>	19 9:30 Walking Club 10:00 Line Dancing 10:00 Poker 10:00 Mixed Cards 10:00 Woodcarvers 12:45 Advanced Pattern Dancing 2:30 Tai Chi 4:00 Scrapbooking  <b>Miiracle on 34<sup>th</sup> Street</b>  Evening Programs 6-8 Computer Class 7-9 Line Dancing	20 9:00 Wellness Clinic 9:30 Aerobics/Cond. 10:00 Watercolors 10:30 Chair Aerobics <b>12:30 Progressive Bridge</b> 1:00 Ragtime Band  <b>1:00 Book Club</b>  <b>Al Harris at the Piano</b>	21 9:30 Aerobics/Cond. 10:30 Pilates 10:45 Bible Study <b>12:30 Bingo-CANCELLED</b> 1:00 Corn Hole Toss  <b>Sing-a-Long with Jeannie</b>	22/23
24 9:30 Aerobics/Conditioning 10:30 Pilates 12:00 Bridge 12:00 Beginner Pattern Dance 1:00 Steppers  <b>Investment Advice</b>	25 9:00 Crafts 9:30 Aerobics/Cond. 10:30 Chair Aerobics 10:00 Volleyball 11:30 Eastside Tappers 1:00 Quilting  <b>Thanksgiving Lunch &amp; Pet Show</b>	26 9:30 Walking Club 10:00 Line Dancing 10:00 Poker 10:00 Mixed Cards 10:00 Woodcarvers 12:45 Advanced Pattern Dancing 2:30 Tai Chi 4:00 Scrapbooking  Evening Programs 6-8 Computer Class 7-9 Line Dancing	27 <b>Center Closed for Thanksgiving Holiday</b>	28 <b>Center Closed for Thanksgiving Holiday</b>	29/30

Additional information about special trips, programs and events can be found within this newsletter.